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Wednesday 23rd February 2022

Dear Parents and Carers,

I am sure that you have seen the announcement regarding the changes to the self-isolation guidelines. It is wonderful that after two long years, we are edging towards life without Covid restrictions, although as a community we must be mindful that this elicits different responses in those around us.

The DfE wrote to schools sharing information which I am sharing with you. The bold text comes directly from the DfE email.

Changes to self-isolation and daily testing of close contacts

From Thursday 24 February, the Government will remove the legal requirement to self-isolate following a positive test. Adults and children who test positive will continue to be advised to stay at home and avoid contact with other people for at least 5 full days, and then continue to follow the guidance until they have received 2 negative test results on consecutive days. In addition, the Government will:

No longer ask fully vaccinated close contacts and those aged under 18 to test daily for 7 days, and remove the legal requirement for close contacts who are not fully vaccinated to self-isolate.

Staff, children and young people should attend their education settings as usual. This includes staff who have been in close contact within their household, unless they are able to work from home.

You will see that the advice is for people who have Covid to remain at home for at least 5 full days and then follow the guidance until they have received two negative lateral flows.

Although these are now guidelines rather than legal requirements, we hope that parents will choose to adhere to these guidelines. This will help to ensure that our staff remain Covid-free and therefore able to continue to provide high quality education to your children.

Safer Behaviours

Individuals can still reduce the risk of catching and passing on COVID-19 by:

Swineshead St Mary's Church of England Primary School, Abbey Road, Swineshead, Boston, Lincs,
PE20 3EN Tel: 01205 820356

Sutterton Fourfields Church of England Primary School Park Avenue, Sutterton, Boston, Lincs,
PE20 2JN Tel: 01205 460547



- a. Getting vaccinated;
- b. Letting fresh air in if meeting indoors, or meeting outside;
- c. Wearing a face covering in crowded and enclosed spaces, especially where you come into contact with people you do not usually meet, when rates of transmission are high;
- d. Trying to stay at home if you are unwell;
- e. Taking a test if you have COVID-19 symptoms, and staying at home and avoiding contact with other people if you test positive; and
- f. Washing your hands and following advice to 'Catch it, Bin it, Kill it'.

For further information, please read the Government guidance that was published on 23rd February 2022.

<https://www.gov.uk/government/publications/covid-19-response-living-with-covid-19/covid-19-response-living-with-covid-19>

Yours sincerely,

Mrs C V Collett
Executive Headteacher

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